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In some countries an increasing number of people are suffering from health problems as a result of eating too much fast food. It is therefore necessary for governments to impose a higher tax on this kind of food.

To what extent do you agree or disagree with this option?

Nowadays, the effects of eating too much fast food on health are not covered to anyone. With changing in the methods of our life and the **ubiquity** of fast food outlets, ignoring these foods contribution on our diet is impossible. Governments as **the** main responsible **body** of the health of their people, apply different strategies to tackle with this problem. Such as careful monitoring on foods ingredients, setting different health standards, educational programs, and even excise tax on fast food. The last item is very controversial and has its own supporters and opponents.

The new strategy for fighting the spread of fast food may seem unrealistic due to the current era of business-friendly policies from governments. In fact, a handful of countries in the world have tried it and some may argue that it may prevent economic growth or even increase the rate of unemployment. In addition, they count this policy as intervention to free people's choice.

But it is not such a crazy idea that **it** may seem **like**, say supporters, as well as evidences suggest it does have a positive impact on public health. They argue that the reason to use excise taxes is the expectation that manufacturers will pass on the increased costs by raising prices. So consumers may change their options or at least use fewer amounts of these foods. Moreover, the expenditure which is imposed on governments due to medical expenses is much higher than the profitability of these shops. In addition, the income from taxes can be used for therapeutic or educational goals.

In conclusion, I think imposing a higher tax on fast food is a **good** way to curb rising rates of its usage. This is provided these types of financial policies must be accompanied by some suitable training programs. Therefore, an excise tax on fast food would be **a** legally viable and effective method for public health.